



# The Titan Way



Issue # 9

October 29<sup>th</sup>, 2016

## Middle School & High School Information & Important Dates

- Parent teacher conferences are coming soon, November 1<sup>st</sup> and 3<sup>rd</sup> starting at 3pm. Please visit this link to schedule your conference:
- High School: <http://www.signupgenius.com/go/4090845adaa2ca7ff2-fall>
- Middle School: <http://www.signupgenius.com/go/4090845adaa2ca7ff2-fall1>

If you do not have Internet access at home then your student will be able to sign you up at school. Just provide them with a time.

- FFA Fruit sales are starting up. Please be on the look out for a FFA member to help out our local chapter.
- Girls Basketball starts November 7<sup>th</sup>, while Boys Basketball and Wrestling start on November 14<sup>th</sup>.
- What's going on at school? <https://www.smore.com/z7ce5>
- Here is the link for middle school homework: <https://docs.google.com/spreadsheets/d/1uAIQMMX3yIET1WSqIj7k0hf-sD7yp0XTD5i85zkSoMw/edit?usp=sharing>

## Elementary Information and Important Dates

- What's going on at the GT Elementary School? Visit this link to read and see what is happening.
- <https://www.smore.com/sfvr3>
- Elementary Conferences are November 1<sup>st</sup> & 3<sup>rd</sup>. To sign up visit: <http://tinyurl.com/GTK5ConferenceNov16>
- Free Wrestling Clinic for all k-8th grades!! November 8<sup>th</sup> and 11<sup>th</sup> from 6:00-7:30P.M. in the Graettinger wrestling room

### Teacher Spotlight Pennie Klepper

Mrs. Kleppers has been our 4th grade teacher at Graettinger-Terril for the past three years. She really enjoys teaching all the subjects, but her favorite is science. Pennie really enjoys how the 4th grade students get excited about the experiments they do. After school, she helps with the middle school science program. They like to complete science experiments and are currently working on building bridges. Mrs. Klepper is also a part-time teacher for Buena Vista University. There, she teaches pre service teachers about psychology, technology, and science. When she is not teaching, she enjoys camping and motorcycling.

## Titan Athletics

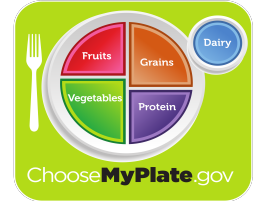
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# School Wellness at GT

## Why School Wellness?

School wellness policies were mandated as a result of the growing childhood obesity epidemic and its consequences on physical, emotional, and mental health. Being overweight is now the most common medical condition of childhood, with more than 9 million overweight children in the US. The prevalence of childhood and adolescent obesity has tripled in the past 20 years.



Poor nutrition and physical inactivity not only lead to overweight and obesity, but they also have a negative impact on readiness to learn and academic achievement. A growing body of evidence is showing the connection between good nutrition, physical activity, healthy body weight, and student achievement.

#GetMoving

If you would like to be involved with this committee please contact: Corey Boe @ [cboe@gt.ratitans.org](mailto:cboe@gt.ratitans.org) or Jane Brown @ [jbrown@gt.ratitans.org](mailto:jbrown@gt.ratitans.org)

#USDA

## Why Parent Teacher Conferences?

The truth is, teachers and parents often see different aspects of a student's personality. Only by maintaining an open dialogue and comparing notes on the student's achievements or behavior can these perspectives be useful for both.

When parents take advantage of parent-teacher conferences and other opportunities to speak with teachers, it often allows parents to learn of any challenges — academic or otherwise — their child might be having.

By the same token, parents can let the teacher know of any special circumstances at home that might have some bearing on the student's performance or behavior.

Let's face it; kids today face a lot of pressure in school. When parents and teachers work together to try and provide the best environment for learning, the child stands to benefit the most.

The conference with your child's teacher will be more efficient and productive if you do some preparation beforehand. To prepare for the conference:

### Talk with your child

Ask your child what his/her strongest and weakest subjects are, and which subjects he/she likes most and least. Ask your child if he/she would like you to speak about anything particular with the teacher. Make sure that your child understands that you and the teacher are meeting to help him, so that he doesn't worry about the conference.

More information can be found at: <http://kidshealth.org/en/parents/parent-teacher-conferences.html>

or <http://www.hfrp.org/var/hfrp/storage/fckeditor/File/Parent-Teacher-ConferenceTipSheet-100610.pdf>