



The Titan Way



Issue # 4

September 23rd, 2016

Middle School and High School Information & Important Dates

Dress Up Days:

Monday - 'Merica Day: Red, White, and Blue Day

Tuesday - Tacky Tourist

Wednesday - College Day

Thursday - TV/ Movie Character Day

Friday - Spirit Day

Thursday 9/29

- 2:00pm Ruthven Parade and Pep Rally at the Care Center
- 7:00pm Combined Coronation and Jersey Auction @ Ruthven
- 5:00 - 6:45 GT/RA Band Fundraiser Supper in the Ruthven Lunchroom

Friday 9/30

- 2:00pm Graettinger Parade and Pep Rally at the High School Football Field



Elementary Information and Important Dates

- Elementary Flag Football Saturday: September 24th at 9am
- Graettinger and Terril Pre-School field trip to Center Creek Orchard will be October 12th



Teacher Spotlight Cheryl Harris

Cheryl is in 32nd year of teaching. She is married to Don Harris who works at EPS. They have 2 children, Sara and Zach. Sara is a freshman at the University of Northern Iowa. Zach works at EPS. When she is not at school prepping for her classes, Cheryl loves to go on walks and read. Her biggest joy in teaching is watching kids learn how to read and loves our GT staff.

Titan Athletics

The GTRA volleyball team was in action on Tuesday night in Ruthven and traveled to Lakeview to take on East Sac. Unfortunately the outcome was not what they wanted but this young group of girls is still learning and having fun.

On Friday the GTRA football team had another 2-hour bus trip down to Kingsley. Going into the game the Titans were 3-1. They had another impressive victory, winning 68-8, and are now 4-1.

The volleyball team will be in action again on Tuesday when they travel to Laurens, to take on Pocahontas Area. Their first round of playoffs will be on October 6th in Alta Vs. TBD.

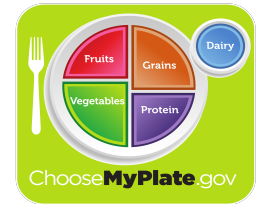
GTRA football will have their Homecoming game on Friday vs. St. Mary's, Remsen at 7pm.

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School Wellness at GT

What are we doing to promote school wellness?

- Free fruit for kids at all indoor home events
- Nutritional Facts posted on vending machine dealing with smart snacks
- 3 water bottle filling stations: 2 in Graettinger, 1 in Terril
- Instead of rewarding with food, we now reward with non-food celebrations: free time, dress-up days, etc.
- Structured indoor recess
- Setting school nutrition and wellness goals



What can you do at home?

#GetMoving

- Make half your plate fruits and veggies
- Make breakfast available everyday
- Milk or water options instead of sugary drinks (pop, Gatorade, energy drinks, etc.)

From the Desk of Elementary Principal Mr. Myers

Dear Parents and Friends,

I am not quite sure who is working harder right now: the staff or the children. Both groups are learning, working, practicing, and producing quality results. Our staff is busy working on learning the new ins and outs of the state requirements and using everything that research tells us are some of the very best ways to help children to learn.

In turn, the children are taking all of this in and working extremely hard. I think that I can say that since I have been here, this is the hardest and most involved the children have been in their academics this early in the year. That can mean nothing but good things for increasing our abilities.

Now, we are not ALL work and no play. There have been a number of field trips that were a lot of fun, yet the students were working at the same time (they sometimes just did not know it). Field trips are important to build background knowledge, which in turn helps increase the ability to take in more information for reading and all other areas of study. So, everyone is working extremely hard.

A quick note on Homecoming next week. We like to have the elementary children involved in Homecoming so that they continue to be a part of the tradition. There has been a note sent home to let us know what your child will do that day since we bring them all over to the HS for the Homecoming parade. Please, please, please help us out and check the space that is most accurate to the actions of your child after the parade. This year, there is just a slight change. If you are planning to pick your child up in Graettinger, you will pick them up AT THE FOOTBALL FIELD. Also, don't forget to let us know that you are there picking them up so that we have a count for everyone. Picking up at the field and letting us know that you have done so will alleviate some of the congestion and confusion at the high school. If your child rides a route bus, comes back to Terril, or walks from the high school, we will ensure they get to the right place. Thank you for all of your help and understanding.

Have a great weekend!